



	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY	DOMINGO SUNDAY	
08:00								08:00
08:30								08:30
08:45								08:45
09:00	RUNNING	CIRCUIT TRAINING	SWIM TRAINING	LBT	RUNNING	SWIM TRAINING		09:00
09:15								09:15
09:30								09:30
09:45								09:45
10:00								10:00
10:15								10:15
10:30								10:30
11:00								11:00
11:15								11:15
11:30								11:30
11:45								11:45
12:00	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM				12:00
12:30								12:30
12:45								12:45
13:00								13:00
13:30								13:30
14:00								14:00
14:30								14:30
14:45								14:45
15:00								15:00
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15:45								15:45
16:00								16:00
16:30								16:30
16:45								16:45
17:00								17:00
17:30								17:30
17:45								17:45
18:00								18:00
18:30								18:30
18:45	TRX FUNCTIONAL							18:45
19:00								19:00
19:30								19:30
19:45								20:00
20:00								20:00
21:00								21:00
21:30								21:30
22:00								22:00

**NIVELES
LEVELS**

👍	TODOS ALL LEVELS
📊	PRINCIPIANTE BEGINNERS
📊	MEDIO MEDIUM
📊	AVANZADO ADVANCED

📊	SALA ESTIRAMIENTOS STRETCHING ROOM
📊	PLAZA VERDE PLAZA VERDE
📊	RECEPCION RECEPTION
📊	GIMNASIO GYM
📊	MAITAI MAITAI

Para la actividad de
"OPEN WATER" Y
CYCLING,
se debe hacer
reserva.
Contactar:
+34 682 671 157

OPEN WATER and
CYCLING activity
MUST be reserved.

ACTIVIDADES / ACTIVITIES

SOLEIL BAR / MAITAI BAR

LUNES / MONDAY

20:30 KARAOKE (SOLEIL BAR)

MARTES / TUESDAY

20:00 BINGO + MINI DISCO
(SOLEIL BAR)

MIÉRCOLES / WEDNESDAY

20:00 BINGO (SOLEIL BAR)

JUEVES / THURSDAY

20:00 BINGO + MINI DISCO
(SOLEIL BAR)

FRIDAY / VIERNES

20:30 KARAOKE (MAITAI BAR)

